Find Your Community

Husky Sunrise: Welcome Breakfast for Graduate & Professional Students
Monday, September 28th, 9:00 am – 11:00 am (Doors open at 8:30 am)
Rainier Vista Lawn

Husky Sunrise is the 2nd annual welcome event for Graduate and Professional Students at the University of Washington, hosted by the Provost, Student Life, the Graduate School and the Graduate and Professional Student Senate (GPSS). Take advantage of this unique opportunity to mingle with Deans, Faculty, and Students from across all academic disciplines. The program begins at 9 am which includes a campus resource fair, pictures with Harry the Husky, and music by the Husky Band. All incoming as well as current graduate and professional students are invited. Hot breakfast guaranteed for the first 600 guests.

FIUTS – Events for International Graduate Students
Room 206, HUB

FIUTS (The Foundation for International Understanding Through Students) connects students to local and global communities through programs that build international awareness, cross-cultural communication, and informed leadership. Based at the UW Seattle campus, FIUTS programs create a community of international and American students, members of the local community, and alumni around the world. As a center of international culture that links campus with community, FIUTS delivers programs to a diverse range of constituents that promote cross-cultural understanding, global culture, and respect for diversity. Please visit http://www.fiuts.org/events/calendar/ to learn more about their exciting events.

Wednesday Lunch
Wednesdays, September 30th, November 4th, and December 2nd, 11:30am – 1:30pm
HUB South Ballroom or Lyceum

This is the longest-running international gathering at UW Seattle! Join us once a month during the UW academic quarters for free food and great conversation. The lunch is open to all on campus, as well as anyone interested in promoting international understanding. FIUTS Wednesday Lunch is a wonderful place to meet people from all over the world.

Grad Student & Scholars Line Dancing
Monday, October 12th
Meet up at Burke Museum Café at 7:00 pm or Little Red Hen near Green Lake after 7:30 pm

Let loose and learn American line dancing with fellow grad students and scholars. The dance lessons are free – age 21 and over only.

Q Center and Queer Student Commission Welcome Luncheon
Friday, October 2nd, 12:00 pm – 1:30 pm
HUB Lyceum

Lesbian? Gay? Straight-ish? Trans? Queer? Two-Spirit? Questioning? No labels needed? Excited about starting school? Us too! Come on over to the HUB Lyceum (room 160), from 12pm - 1:30pm on Friday, October 2nd, to be welcomed and celebrated as the Q Center and the ASUW Queer Student Commission kick off the new year with a free luncheon. Everyone is welcome. Free food, great speakers, and lots of fun for all! Be there for all or part of it! Community, alumni, faculty and staff are welcome to support our new and returning students at this annual free luncheon on campus. For more information about the Q Center, please visit - http://depts.washington.edu/qcenter/wordpress/.

Rainbow Grads Fall Kick-Off Celebration
Thursday, October 8th, 5:00 pm – 8:00 pm
CoMotion Incubator Idea Lab (Room 300), Fluke Hall

Rainbow Grads invites incoming and current LGBTQ graduate, professional, postdocs and their allies to attend the annual Rainbow Grads Fall Kick-Off Celebration. This event offers a chance to get plugged into the queer community across campus and to learn about Rainbow Grads’ social events throughout the year. It’s also an opportunity to enjoy free drinks, free food, and great music!
Getting Connected: New Student Orientation & Reception with GO-MAP  
Thursday, October 15th, 4:00 pm – 10:00 pm  
UW Club

Getting Connected is GO-MAP’s (Graduate Opportunities-Minority Achievement Program) largest event of the year and a great chance to meet new and returning UW Graduate Students of Color and Faculty and Staff of Color across all disciplines. New students are encouraged to attend the orientation from 4:00 pm – 7:00 pm to engage with faculty and student panelists addressing strategies on how to thrive in graduate school. New and current graduate students of color, as well as faculty and staff, are encouraged to attend the reception at 7:00 pm for good food, great company and dancing!

GO-MAP (Graduate Opportunities & Minority Achievement Program) at UW

Shift from Surviving to Thriving

GO-MAP Power Hours

Building Your Own Roadmap to Graduate School, Tuesday, October 20th, Noon – 1:30 pm  
Keeping the Pedal to the Metal While Managing Stress: Self-Care in Graduate School, Wednesday, Nov. 4, Noon – 1:30 pm  
Presenting Yourself With Power, Wednesday, November 18th, Noon – 1:30 pm  
Suite 100, Center for Teaching and Learning, Gerberding Hall

The GO-MAP Power Hour Series provides opportunities for featured UW faculty and community leaders to discuss topics relevant to graduate student success and is geared towards minority and underrepresented students. While many of GO-MAP’s events are geared toward minority and underrepresented students, they are open to all graduate students, especially if students are interested in maintaining and increasing a racially diverse graduate student population and wishing to network with graduate students of color.

Graduate Peer Mentoring: Learning and Supporting One Another

Panel and Small Group Discussions, Mid-Fall Quarter (watch Core Programs and Graduate School emails for dates)

Want to learn how to support each other as graduate student peers? Already have peer mentoring skills and want to find ways to reach out to colleagues? Attend this panel event and hear from experienced grad peer mentors from diverse disciplines, who are members of formal RSOs to more casual groups where peer mentoring is encouraged and practiced. More details to come!

Grow Your Career and Professional Skills

Communication Skills for International Graduate Students  
Thursday, October 22nd, 11:45 am – 1:15 pm  
Room 214, HUB

Join us for a lively and informative workshop for international graduate and professional students who want to learn more about communication skills—in and out of the classroom. From understanding cultural differences and tips for effective communication to presentation skills, this workshop will address common situations international graduate students face in workplace and academic settings. The leading presenter, Monica Cortes-Vilha, is an actor and PhD student in the UW School of Drama. She has a professional background teaching speaking skills with English-as-Second-Language students. Free refreshments will be provided! Co-sponsored by Core Programs in the Graduate School, GPSS, and FIUTS.

Teaching-Focused University Careers: A Panel & Networking Reception  
Wednesday, October 28th, 3:30 pm – 5:00 pm  
Room 332, HUB

Graduate students are invited to attend this panel and networking event exploring university-based teaching careers. You’ll hear from faculty at several regional, teaching-focused universities (including our own UW Bothell and UW Tacoma). There will also be opportunities for more one-on-one conversations during a networking reception and small group discussions with panel speakers. This event is a collaboration between Core Programs, the Center for Teaching and Learning, and GO-MAP in the Graduate School—with sponsorship from Gonzaga University.

Career Center  
Room 134, Mary Gates Hall

The Career Center offers numerous resources for grad students – workshops, events, and career counseling on campus as well as provides excellent online resources for putting together a job portfolio, networking, getting letters of support, etc. Check out their online resources at http://careers.washington.edu/GradStudents. Below is a sample of their offerings this quarter:

How to Find a Job in Industry for Science & Engineering PhDs  
Wednesday, October 21st, 4:00 pm – 5:00 pm  
Location TBD  
For updates and more workshops: http://careers.washington.edu/Calendar/?i=4

This event is for graduate students and postdocs. From medical device companies to research institutes, what are the strategies that will help you land a job? In this workshop we will cover effective job search strategies and industry--specific resources. Attendees will leave with customized job search plans and the know-how to get started looking for jobs. No registration required. A similar workshop for humanities and social science PhDs is scheduled for Spring 2016.
Academic Careers: Interviews
Tuesday, December 1st, 3:30 pm – 5:00 pm
Location TBD
For updates and more workshops: http://careers.washington.edu/Calendar/?i=4

This event is for graduate students and postdocs. Interviewing skills are essential for landing a faculty job. Academic interviews are different than other types of interviews. Come learn about faculty interviewing basics, tips for handling different types of interview scenarios, and suggestions for interview follow-up. Participants will also have time to begin crafting answers to common questions.

UW Career Center

Workshops @ International Student Services
Room 459, Schmitz Hall

International Student Services hosts workshops on a variety of topics regarding employment before and after graduation, such as Introduction to F-1 Employment, Curricular Practical Training, Optional Practical Training, and etc. ISS also collaborates with campus partners to host workshops on How to File Taxes and ISHIP insurance. Please check the ISS website for updates: http://iss.washington.edu/resources/workshops/

University of Washington International Student Services (ISS)

Explore Funding Opportunities

Graduate Funding Information Service – Advising and Workshops
GFIS works with current and admitted UW graduate students, helping them identify and locate funding opportunities for graduate school-related expenses including tuition, research, conference and research travel. Students can visit GFIS during drop-in advising hours, schedule individual appointments, or request information by email. Students can also visit the GFIS Funding Resources Guide and sign-up for the GFIS blog to learn about timely funding deadlines, fellowships, campus funding resources, databases, search strategies, and events. GFIS hosts workshops in the Research Commons, and works with UW departments to design discipline-specific workshops and resources for their graduate students. For more information on GFIS please visit - http://commons.lib.washington.edu/services/gfis

Advising Hours
Tuesdays & Thursdays, starting September 24th
1:30 pm – 2:30 pm
Consultation Studio, Research Commons, Allen Library South

The Graduate Funding Information Service (GFIS) helps current UW graduate students identify and use different resources to locate funding opportunities for expenses including tuition, research, conference and research travel.

Finding Funding for Graduate School Workshops
Thursday, October 1st, 12:00 pm – 1:00 pm
Wednesday, November 18th, 1:30 pm – 2:30 pm
Green A, Research Commons, Allen Library South

Don’t let fall or winter funding application deadlines pass you by! These Graduate Funding Information Service (GFIS) workshops will introduce current UW graduate students (Masters and PhD) to resources for finding fellowships, scholarships, grants and employment to help finance graduate education, research, and travel. As the workshop provides an overview of databases and search strategies for finding funding, it is suggested (but not required) that students bring a laptop or tablet to navigate along during the presentation.

International Students: Finding Funding for Graduate School
Thursday, October 8th, 12:00 pm – 1:00 pm
Green A, Research Commons, Allen Library South

This Graduate Funding Information Service (GFIS) workshop will cover funding resources for international graduate students at UW, including fellowships, scholarships, grants, and student employment opportunities to help finance tuition, research and travel. The workshop provides an overview of databases and search strategies for finding funding, as well as the timeline for applying for fellowships and grants. It is suggested (but not required) that students bring a laptop or tablet to navigate along during the presentation.

Office of Fellowships and Awards
G-1, Communications Building

The Office of Fellowships and Awards provides a number of services for the Graduate School, its departments, and students. Services may be grouped into administrative services and counseling/information services related to specific awards and fellowships (note: Please refer to the Graduate Funding Information Service if you are seeking general search guidance for a range of funding opportunities). The Office of Fellowships and Awards assists students by publicizing upcoming award deadlines, participating in the application process or administration of some campus-wide awards, and providing application support for a number of nationally competitive fellowships.

See the calendar of fellowship deadlines and information for a list of some well-known funding opportunities at http://www.grad.washington.edu/students/fa/calendar.shtml. For general questions or to schedule an appointment, please contact gradappt@uw.edu or (206) 543-7152.
Strengthen Your Writing, Research & Presentations

Scholars’ Studio – Translate Research @the Commons
Thursday, November 19th, 4:00 pm – 6:00 pm, Proposals due on Friday, October 30th by 5 pm. 
Presentation Place, Research Commons, Allen Library South

Hosted by the UW Libraries Research Commons and Core Programs in the Graduate School, Scholars’ Studio features a series of fast-paced lightning talks, on an interdisciplinary theme, that give graduate and professional students the opportunity to share research informally and get feedback on presentation skills. In Fall Quarter 2015, our theme is: Translate. Need ideas? Think language, accessibility, community-building, mediation, conversion, gene transcription, computer programming, interpretation, public scholarship, mechanical movement, communication, accuracy, slippage, technologies and outcomes, and interdisciplinarity.

Learn more about this event and submit a proposal here: http://commons.lib.washington.edu/scholarsstudio

UW Libraries Research Commons – Writing, Design, and Research Consultations
Consultation Studio, Research Commons, Allen Library South
Make an appointment or visit the Consultation Studio during office hours to get help on citing, funding, writing and design. You can also reserve or utilize workspaces, whiteboard tables, large screens, webconferencing equipment, camcorders and more! Visit http://commons.lib.washington.edu/

Writing Consultations for Graduate Students
Dates & Times, TBA – For updates visit: http://commons.lib.washington.edu/services/dropin/writing
The Odegaard Writing and Research Center (OWRC) offers afternoon drop-in consultations in the Research Commons for graduate students. Tutors staffing these consulting hours are experienced in supporting graduate level research and writing at all stages for a wide range of academic and professional purposes (e.g., conference proposals, articles for publication, thesis or dissertation work). The OWRC website also has many excellent handouts with writing tips: https://depts.washington.edu/owrc/docs.php

Design Help Desk
Dates & Times, TBA – For updates visit: http://commons.lib.washington.edu/services/dropin/dhd
The Design Help Desk offers free advice for members of the UW community who are seeking to improve their visuals for presentation and publication. Clients can bring any visual work related to their research or teaching—including figures, diagrams, data plots, presentations and posters—and receive help from a designer on staff. Supported by UW College of Engineering and the UW Design Division. http://depts.washington.edu/deshelp/

Choosing a Citation Management System that Works for You
Dates & Times, TBA – For updates visit: http://commons.lib.washington.edu/services/dropin/citation
Learn about three citation management systems: Refworks, EndNote Web and Zotero, that allow you to import, store and share your research citations and automatically format your bibliographies into whatever style you need (APA, MLA, Chicago and more). Hosted by the UW Libraries Research Commons. To review and compare your options, see: http://guides.lib.washington.edu/citation-tools

Self-Care Resources

Counseling Center
Schedule an appointment by calling 206-543-1240 or visit 401 Schmitz Hall
The UW Counseling Center provides a safe environment to help students explore the challenges of life and learning through counseling, outreach, preventative programming, advocacy and consultation. The Center provides personal counseling, career counseling and other services to currently-enrolled UW students. Group Counseling Options: Mindfulness Group; Culture, Diversity, and Belonging. Please visit http://www.washington.edu/counseling/ for more information on services and group counseling schedules.

UW Mindfulness Project
The UW Mindfulness Project’s (UWMP) mission is to promote daily maintenance of mental and emotional wellness by providing proactive programs dedicated to mindfulness-based practices that encourage students to slow down, reflect, and connect to the present moment. This fall UWMP will be offering yoga and meditation classes on a drop-in basis throughout the quarter. It costs $5 per quarter to register online and sign up for classes.

Find out about other UWMP events, resources, and the yoga the schedule at http://uwmindfulnessproject.com/schedule and on Facebook.

UWMP

ONLINE RESOURCES (just a start!)

Stay tuned to our bi-weekly email from Core Programs and the digest of events from the Graduate School for even more programming, events, and resources as they come up throughout the quarter. For additional links to archived workshop recordings, Mentor Memos on key issues grad students face, links to Individual Development Plans, and more, see: http://www.grad.washington.edu/profdev/ and http://commons.lib.washington.edu/services/graduate-workshop-series-recordings

compiled by CORE PROGRAMS